

QUARTERLY ISSUES/PROGRAMS REPORT

**TV Station WMUN-CD 45.1
New York, New York**

For Quarter beginning April 1st 2016

2nd Quarter 2016

Prepared by: _____

**Jerry Linehan
*General Manager***

Placed in file: _____

Attached hereto are descriptions of issue-responsive programming broadcast by this station during the reporting period.

The listed programs aired on the station during the reporting period on the days and times indicated. Each program regularly provides information or addresses current local issues of concern to viewers in the area where the station is located.

WMUN REPORTS

DAY: Friday
TIME: 3-330pm

Quarter Program # 1

DATE: April 1st 2016

Interview:

GUEST: Martin Coleman, *Author*

BOOK: *What If Jesus Were A NYC Firefighter?*

WEBSITE: www.whatifjesuswere.com

CATEGORY: Religion

TOPIC: Remembering 9/11/01

SYNOPSIS:

On September 11, 2001, Martin Coleman and his co-worker Thomas Vito stood side by side on the top floor of the skyscraper adjacent to the World Trade Center's South Tower. They were looking out the window of their shared office, when the world as they knew it was forever changed by terrorist acts on American soil. Their office tower rocked and shook as flaming debris and shrapnel fell from the sky above. Days later Thomas had a dream in which he imagined to himself, "What if Jesus were a firefighter?" This book is the manifestation of their desire to bring light from the darkness that occurred in America that day.

WMUN REPORTS

DAY: Saturday
TIME: 2-230pm

Quarter Program # 2

DATE: April 2nd 2016

Interview #1

GUESTS: Margaret Lambe Jurow, *Attorney*

ORGNZTION: *Legal Services of New Jersey*

100 Metroplex Dr., Suite 402

P.O. Box 1357

Edison, NJ 08818

WEBSITE: www.lsnj.org

Category: Government

TOPIC: Legal representation in a foreclosure

SYNOPSIS:

Legal Services of New Jersey has been designed to give full access to civil legal aid for all economically disadvantaged people who cannot secure a lawyer on their own. This need has become ever so great in light of the difficult economic times that we live in. Jurow came in to discuss how some of our listeners with low-incomes could take advantage of some of the services provided by LSNJ at no cost to them. She also gave an overview to those in our audience who are just now facing foreclosure and what are the steps necessary to overcome the enormous stress and financial burden.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 3

DATE: April 3rd 2016

Interview

GUEST: Margaret Chaplin, *Executive Director*
Richard Chittim, *Board Chairman*

ORGNZTION: *Lions Eye Bank of New Jersey*

77 Brant Avenue, Suite 100

Clark, New Jersey 07066

WEBSITE: www.LionsEyeBankNJ.org

CATEGORY: Healthcare

TOPIC: Eye and Tissue Donations

SYNOPSIS:

A nonprofit organization that serves all of New Jersey, the Lions Eye Bank of New Jersey specializes in the recovery, evaluation, and distribution of donor eye tissue. The mission of the Eye Bank is the restoration of sight. This is accomplished through corneal transplantation, public and professional education, and eye and vision research. LEBNJ is accredited by the Eye Bank Association of America. Lions' Clubs around the world also partner with LEBNJ to help fulfill their mission.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 4

DATE: April 4th 2016

Interview

GUEST: Joseph Masterson, *President and CEO*

ORGNZTION: *Mi Ryung Song Memorial Foundation*

237 Independence Way

Springfield, New Jersey 07081

PHONE: (973) 912-9637

WEBSITE: www.misongfoundation.org

CATEGORY: Healthcare

TOPIC: Faith-based Cancer Support

SYNOPSIS: The Mi Song Foundation seeks to confirm or question cancer treatment effectiveness or value through Faith, education, and confrontation. This means that goals are established and repeatedly evaluated to ensure the best possible support for the victim. This recognizes too that hospital, drug, or physician involvement in the client cancer struggle must be subject to an ongoing critical assessment. The Foundation's belief that the success or failure of the cancer victim's struggle depends entirely on God's will for that person and whether or not He desires for them to live. It is the Foundation's desire to communicate this fully to the victim and his or her family.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 5

DATE: April 5th 2016

GUESTS: Jim Dennison, *Lung Cancer Survivor*
Melissa Demianycz, *Volunteer*

ORGNZTION: *National Lung Cancer Partnership*
1 Point Place, Suite 200
Madison, WI 53719

WEBSITE: www.freetobreathe.com

CATEGORY: Healthcare

TOPIC: Free to Breathe Lung Cancer Walk

SYNOPSIS:

Refuse to give up. That is exactly what Jim Dennison, a six-year lung cancer survivor, is doing. After several misdiagnoses, the New Jersey native was diagnosed with lung cancer in 2004 and an entire lung was removed. Afterward, Jim searched for answers but no one could give him any. Even his doctors couldn't help relieve his worries, telling him that there wasn't enough research to be sure what the future would hold for him. In an effort to find answers, he's turning his turmoil into passion by organizing the inaugural Free to Breathe 3.5k walk at Horseshoe Lake Park in Succasunna New Jersey on September 25th. The event is hosted by the National Lung Cancer Partnership and will help raise funds and awareness for the number one cancer killer among men and women in the U.S. and in New Jersey.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 6

DATE: April 6th 2016

Interview

GUEST: Ira Drucks, *Treasurer*

ORGNZTION: *Vietnam Veterans of America – Chapter 510*
P. O. Box 448
Cedar Grove, NJ 07009

WEBSITE: www.vva510.org

CATEGORY: Military

TOPIC: Remembering Vietnam Veterans

SYNOPSIS:

VVA-510 is a group of over 200 Vietnam Veterans, proud to have served in the Vietnam War. Mr. Drucks explained that up until very recently, there was a strong stigma attached to the Vietnam War due to it's lack in popularity, and so, many veterans felt ashamed to publicly tell of their service for their country. The Chapter was started around 1992 and is the largest National Service Organization Congressionally Chartered and exclusively devoted to Vietnam and Vietnam Era Veterans. Their goal is to foster, encourage and promote improvement of the condition of the Veterans.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 7

DATE: April 7th 2016

Interview

GUEST: Nancy DeSiervo, *Founder*

ORNZTION: *I-AM Massage Therapy*

P.O. Box 423

Waldwick, NJ 07463

WEBSITE: www.iammassageskinclinic.com

CATEGORY: Disability/Handicap

TOPIC: Disabled Massage Therapists

SYNOPSIS:

I-AM is a group of educators and professionals who serve as social agents in the community providing sensory disabled individuals with the advocacy and training they need to participate in fulfilling income-generating work to become self-sufficient members of society. Since its incorporation in 2009, I-AM has become the first to launch New Jersey's first-ever sensory disabled mobile service team. I-AM has created an environment where people with sensory disabilities are fully viewed as people, like everyone else, with a full range of skills, experiences, emotions, hopes, and dreams who want to work and make a significant contribution to our society.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 8

DATE: April 8th 2016

Interview

GUEST: Fabien Cousteau, *Marine Life Conservationist*

ORGNZTION: *Plant a Fish*

WEBSITE: www.plantafish.org

EMAIL: contactus@plantafish.org

CATEGORY: Environment

TOPIC: A Sea of Problems

SYNOPSIS:

Marine diver Fabien Cousteau, grandson of noted oceanographic explorer Jacques-Yves Cousteau, recently launched an initiative called Plant A Fish, to take an aggressive grassroots approach to ocean restoration. Through this program, he has launched projects in locations around the world to teach the local communities how to restore marine environments including planting oysters in New York's Hudson River, protecting and releasing a billion baby sea turtles in El Salvador and other countries to a viable environment, re-planting mangroves on Florida shorelines and re-planting coral reefs in damaged hot spots worldwide like the Florida Keys. Plant A Fish is unique in that it heavily relies on the people in the community to do the restoration work rather than volunteers that are recruited by most environmental restoration groups.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 9

DATE: April 9th 2016

Interview

GUEST: David Myers, *Regional Director*

ORGNZTION: *3 In 4 Need More*

WEBSITE: www.3in4needmore.com

CATEGORY: Healthcare

TOPIC: Long-Term Care

SYNOPSIS:

The 3in4 Need More campaign is dedicated to raising awareness of the importance of planning for ones long-term care needs. The campaign utilizes multiple marketing strategies in order to increase awareness nationally. Members of the campaign cross all industries, genders and age groups. The movement is nationwide and its organization is exclusively dedicated to promoting the importance of planning for long term care needs. Their mission is to increase national awareness of the need for long term care.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 10

DATE: April 10th 2016

Interview

GUEST: David Foreman, *Naturopathic Doctor*

BOOK: *The Four Pillars of Health*

WEBSITE: www.herbalpharmacist.com

CATEGORY: Healthcare

TOPIC: Antibiotics

SYNOPSIS:

The increase use of pharmaceutical statin drugs for lowering cholesterol is likely to escalate considerably in 2011. Right now, more than 20 million people in the United States take statins. David Foreman, is a retired registered pharmacist and Christian who explained that statins are doing more harm than good by significantly deplete the body's natural production of CoQ10, which in turn dramatically increases risk of heart attacks. Foreman detailed four critical things to prevent high cholesterol and heart disease without becoming dependent on statins (four key things are: proper nutrition, supplementation, exercise and prayer).

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 11

DATE: April 11th 2016

Interview:

GUEST: Rita Files, *Executive Director*

ORGNZTION: *Veteran Files*

WEBSITE: www.veteranfiles.com

CATEGORY: Military

TOPIC: Financial Assistance for Veterans

SYNOPSIS:

Veteran Files assists senior veterans, surviving spouses of veterans and veteran families navigate the complexities of the non-service connected VA disability pension for housebound and aid & attendance benefits. If eligible, the extra monthly income can be a welcome benefit for families struggling to provide eldercare for loved ones. Under the right circumstances, the benefit can be used to pay a family member, friend or any other person providing care.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 12

DATE: April 12th 2016

Interview

GUEST: Theresa Cavanaugh, *President*

ORGNZTION: *Learning Disabilities Association of NJ*

PO Box 492

Towaco, NJ 07082

PHONE: (973) 265-4303

CATEGORY: Disability

TOPIC: Learning disabled children

SYNOPSIS:

LDANJ is made up of parents, teachers and researchers - all with a common goal and interest to advance helping children with learning disabilities. Children need a strong voice to protect and advocate for their rights, dedicated educators who have the resources to help each and every child achieve their full potential, and ongoing research to find the best ways to educate and train these children. LDANJ strives to help children attain the success through various educational programs as well making the peoples voice heard in Trenton and with local school boards across New Jersey.

WMUN REPORTS
DAY: Wednesday
TIME: 3-330pm

Quarter Program # 13

DATE: April 13th 2016

Interview

GUEST: Sharlene Vichness, *President & CEO*

ORGNZTION: *Language Directions*
188 Eagle Rock Avenue, Suite 5
Roseland, NJ 07068

PHONE: (888) 554-8848

CATEGORY: Education

TOPIC: Customized language support

SYNOPSIS:

Language Directions is a very relevant organization in today's culture, especially as we see the rapid change in our nation's demographic. Often times, our neighbors are of a completely different background, paralyzing us from having a simple conversation, or worse, offending them due to our ignorance of their culture. Sharlene's organization can help business professionals who have clients in other parts of the world be better equipped to overcome these sometimes frustrating obstacles. Language Directions offers online or in-person courses to individuals or groups, both for businesses or government agencies, such as the armed forces in Afghanistan or Iraq.

WMUN REPORTS
DAY: Thursday
TIME: 3-330pm

Quarter Program # 14

DATE: April 14th 2016

Interview:

GUEST: Roger Michaud, *Vice-President*

ORGNZTION: *College Savings Foundation*
1050 17th Street, NW, Suite 1000
Washington, DC 20036

PHONE: (202) 223-2631

CATEGORY: Finance

TOPIC: Saving for College

SYNOPSIS:

CSF is a Washington, D.C.-based not-for-profit organization with the mission of helping American families achieve their education savings goals. They serve the education savings industry as the central hub for information and is an expert resource for its members and for representatives of state and federal government, institutions of higher education and other related organizations and associations. A primary focus of CSF is building public awareness of and providing public policy support for 529 plans - an increasingly vital college-savings vehicle.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 15

DATE: April 15th 2016

Interview

GUEST: Dr. Dan Lavanga, *Speaker & Life Coach*

ORGNZTION: *The Lavanga Group*

112 East Pennsylvania Blvd.,

Feasterville, PA 19053

PHONE: (888)- LAVANGA

CATEGORY: Business

TOPIC: Coaching during life's toughest challenges

SYNOPSIS:

Dr. Dan Lavanga is a Principle of The Lavanga Group and Wizdom at Work, a corporate consultancy specializing in organizational management and sales. Lavanga teaches the Law of Sevens Training System, a program to assist individuals and organizations in aligning business objectives with personal values.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 16

DATE: April 16th 2016

Interview

GUEST: Charles Clarkson ESQ, *Coordinator*

ORGNZTION: *SMP of New Jersey*

200 Metroplex Drive

Edison, NJ 08817

PHONE: (732) 777-1940

CATEGORY: Healthcare

TOPIC: Medicare – Part D

SYNOPSIS:

Billions of taxpayer dollars are lost each year to Medicare and Medicaid fraud, waste and abuse. Although the vast majority of healthcare providers are honest, the activities of the remaining few result in wasted funds for the Medicare and Medicaid programs and a loss of quality of care for New Jerseyans. Mr. Clarkson joined us to help our listeners identify and eliminate these dishonest healthcare providers in order to free up Medicare funds for the thousands who need it. He also spoke about Medicare Part-D, the new program from Medicare that is fairly complex, and requires a fair amount of research by seniors to fully understand the program. Clarkson encouraged these individuals to speak with children or grandchildren to help navigate the Medicare Website, which is the best source for understand Medicare Part-D plans. Volunteers are also needed at SMP of New Jersey, and Clarkson explained how someone could receive training and ongoing support to join the SMP team.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 17

DATE: April 17th 2016

Interview

GUEST: Chana Levitan, *Author*

BOOK: *I Only Want to Get Married Once*

WEBSITE: www.chanalevitan.com

CATEGORY: Education

TOPIC: Building stronger marriages

SYNOPSIS:

Chana Levitan joined us to educate our viewers on the current condition of the marriage institution in America today. She says that many people have stopped believing in themselves and their ability to love their spouse. Her book, *I Only Want to Get Married Once* is a practical guide to choosing and being the right marriage partner. She believes that a good marriage is a dynamic, evolving process and she is dedicated to getting this message across to as many people as possible.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 18

DATE: April 18th 2016

Interview

GUEST: Carolyn Dorfman, *Choreographer*

ORGANIZATION: *The Carolyn Dorfman Dance Company*

2780 Morris Ave, Suite 1-A

Union, NJ 07083

PHONE: (908) 687-8855

CATEGORY: Culture

TOPIC: The use of modern technology in the performing arts

SYNOPSIS:

The CDDC consists of ten dancers, which compose a uniquely talented contemporary dance ensemble, highly acclaimed for its artistic excellence and range as well as its extraordinary ability to communicate to audiences about dance and the creative process. CDDC appears at major theaters, dance festivals, universities and schools worldwide, and is lauded for its artistry and exceptional arts education and community programming. Carolyn Dorfman is a renowned choreographer who combines the old with the new, utilizing an eclectic mix of influences to develop a genre of dance that is rarely seen in the industry. Her latest development uses a tool called camera mapping, which superimposes images on the dancer's body using state of the art computer technology. Carolyn believes that this technology will change the future of the performing arts and hopes to breathe new life into the culture.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 19

DATE: April 19th 2016

Interview

GUEST: Beth Figman, *Coordinator*
Susan Liebeskind, *Volunteer Reader*

ORGNZTION: *Bergen Reads*
50 Eisenhower Drive
Paramus, NJ 07652
PHONE: (201) 820-3900
CATEGORY: Education
TOPIC: Volunteer Reading at School

SYNOPSIS:

The Bergen Reads literacy program is part of a nationwide effort to help public elementary school students enjoy reading and improve their reading skills in a comfortable and friendly environment. This initiative, which is run under the auspices of the National Jewish Coalition for Literacy, has proven to be successful in more than 40 communities throughout the nation. The reading program is geared toward students in grades K-4. The participating schools are four elementary schools in Hackensack and four in Teaneck. Volunteers are assigned to two students and meet with their students regularly, for a total of one hour per week (1/2 hour with each student), during the school day. This regular interaction has been shown to lead to a very rewarding and productive experience for both participants.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 20

DATE: April 20th 2016

Interview

GUESTS: Barry Goldstein, *Former Domestic Violence Attorney*

BOOK: *Domestic Violence & Child Custody*
EMAIL: BarryG78@aol.com
CATEGORY: Women
TOPIC: How gender biases invade society

SYNOPSIS:

Barry Goldstein, attorney, teacher, author and advocate for women abused by their partner (and too often the courts) has written a book for women seeking to leave their abusers and for their friends, family, supporters and advocates. *Domestic Violence & Child Custody to Safety* tells the story of ten women as they left their abusers seeking a better life. The book shows in these abuse cases how courts handle legal issues such as orders of protection, custody, visitation, support, marital property and criminal prosecutions.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 21

DATE: April 21st 2016

Interview

GUEST: Nancy Chazen, *VP of Programs & Services*

ORGNZTION: *National MS Society – NJ Chapter*

1 Kalisa Way, Suite 205

Paramus, NJ 07652

PHONE: (201) 967-5599

WEBSITE: www.nationalmssociety.org

CATEGORY: Healthcare

TOPIC: Multiple Sclerosis Education

SYNOPSIS:

The National MS Society is made up of individuals who want to do something about MS – namely, to move together toward a world free of multiple sclerosis. The society helps each person address the challenges of living with MS through a network of chapters. Nancy Chazen joined us from the NJ chapter, which sponsors many events, such as walks, bikes and runs across the state in an effort to raise funds to stop MS. The Society is also driving change through advocacy, facilitating professional education, and providing programs and services that help people with MS and their families move their lives forward.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 22

DATE: April 22nd 2016

Interview

GUEST: Wendy Brennan, *Executive Director*

ORNZTION: *National Alliance on Mental Illness*

505 Eighth Avenue, Suite 1103

New York, New York 10018

PHONE: (212) 684-3365

WEBSITE: www.naminycmetro.org

CATEGORY: Healthcare

TOPIC: Mental Health Issues

SYNOPSIS:

The National Alliance on Mental Illness of New York City, Inc. (NAMI-NYC Metro) is a grassroots organization that provides support, education, and advocacy for families and individuals of all ethnic and socio-economic backgrounds who live with mental illness. As the largest affiliate of the National Alliance on Mental Illness, they work collaboratively with state and national affiliates, and with other stakeholders in the community to educate the public, advocate for legislation, reduce stigma, and improve the mental health system.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 23

DATE: April 23rd 2016

Interview:

GUEST: Mona Pearl, *Author*

BOOK: *It's Not Over Yet, Thoughts and Tales of One Woman's Journey*

CATEGORY: Women/Seniors

TOPIC: Honoring motherhood and maternal bonds

SYNOPSIS:

As a mother, Mona Pearl's story is one of giving her three children a sense of trust. She has listened to her children and has been involved with them as they grew up and one of them suffered from a life-threatening illness. Ms. Pearl wrote this book as a memoir to her children, but also has an insightful message for the mothers of the world -- one of which is that; it's not over yet. Even at 80 years old, Mona continues to live life to its fullest potential

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 24

DATE: April 24th 2016

Interview

GUEST: Molly Damon, *Host*

ORGNZTION: *The Molly Damon Show*

Blog-Talk Radio

WEBSITE: www.blogtalkradio.com/mollydamon

CATEGORY: Environment

TOPIC: Improving quality of life

SYNOPSIS:

The Molly Damon Show is a socially, environmentally, & health conscious Christian talk show with an occasional creative arts twist. Molly joined us to speak mainly about the environment and what we can do to become a more "green" society. Some suggestions were to use re-usable bottles or canteens for drinking water rather than buying bottled water from the local supermarket. Also, she encouraged our listeners and viewers to buy organic foods to help in the prevention of fast-growing diseases.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 25

DATE: April 25th 2016

Interview

GUEST: Michele Caron, *Chairperson*

ORGNZTION: *Montville Environmental Commission*

195 Changebridge Road

Montville, NJ 07045

PHONE: (973) 331-3300

CATEGORY: Environment

TOPIC: Arbor Day

SYNOPSIS:

Michele joined us to mainly speak about Earth Day and Arbor Day, each of which focuses on renewing and restoring each of our community's environments. The Arbor Day Foundation was founded in 1972 and has grown to become the largest nonprofit membership organization dedicated to planting trees, with over one million members, supporters, and partners. One of the programs they develop is called Tree City USA, which creates a framework for encouraging action and education of citizens across 3400 communities in the USA.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 26

DATE: April 26th 2016

Interview

GUEST: Joseph Masterson, *Abraham Lincoln Historian*

PHONE: (973) 912-9637

CATEGORY: Education

TOPIC: The Life of Abraham Lincoln

SYNOPSIS:

Dr. Joseph Masterson has been on our program before to discuss a cancer memorial foundation that he spearheaded in memory of his dear friend, Mi Ryung Song. But this time, Masterson joined us to speak about another of his passions and long-time interests, President Abraham Lincoln. Masterson, whose father was one of the men responsible for delivering Lincoln's body to his gravesite, was endowed with this great wealth of knowledge at a very young age. He was encouraged to embrace this knowledge and pass it along to future generations. Masterson spoke in-depth about the life of Lincoln, including his interests during his younger days, his different companions, and even the years during his self-depression.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 27

DATE: April 27th 2016

Interview

GUESTS: Patricia Smith, *Executive Director*

ORGNZTION: *Lyme Disease Association, Inc.*

PO Box 1438

Jackson, NJ 08527

PHONE: 888-366-6611

WEBSITE: www.lymediseaseassociation.org

CATEGORY: Healthcare

TOPIC: Understanding Lyme disease

SYNOPSIS:

Pat Smith spoke about the dangers of Lyme disease and how the LDA is fighting to create awareness of the disease and raise support for funding and research. Several patients and doctors who saw the need to organize and fund research and educate people here in New Jersey, one of the states with the highest reported cases in the country, formed LDA. LDA has since grown and become a nationwide organization that receives federal grants for patient advocacy and research.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 28

DATE: April 28th 2016

Interview

GUESTS: Jim Neglia, *Percussionist*

ORGNZTION: *NJ Symphony Orchestra*

60 Park Place

Newark, NJ 07102

PHONE: (973) 624-3713

CATEGORY: Recreation

TOPIC: Developing an appreciation for music

SYNOPSIS:

The New Jersey Symphony Orchestra is composed of some of the country's finest musicians, with Jim Neglia taking up the post as head percussionist. Neglia explained that artistic excellence; innovative programming and community engagement are hallmarks of the symphony's mission. To best serve the people of New Jersey, he and the Orchestra bring programs to multiple venues throughout the state. Education and community engagement programs enrich the listening experience for young people and adults alike. Select NJSO performances are broadcast regionally and throughout North America.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 29

DATE: April 29th 2016

Interview

GUEST: Cynthia Hetherington, *Founder*

ORGNZTION: *Hetherington Group*
1501 Hamburg Turnpike, Suite 302
Wayne, NJ 07470
PHONE: (973) 706-7525
CATEGORY: Business
TOPIC: Identity Fraud

SYNOPSIS:

Cynthia Hetherington operates as a private investigator for a variety of different clients, ranging from high-level corporate executives and government agencies down to the small business and consumer level. When she is called upon to investigate a person or organization, she doesn't even need to leave her office. All of her work is done behind a computer, using the Internet as her tool of choice. Cynthia stressed the importance of keeping your online identity secure and restricted from public view, especially on social networking websites. She explained that in order to steal someone's identity, all she would need is a person's name and birth date – two items that are easily accessible on any social website.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 30

DATE: April 30th 2016

Interview

GUEST: Greg Kuras, *Financial Planner*

ORGNZTION: *NJ Senior Tax Advisors*
200 Highway 71
Spring Lake, NJ 07762
PHONE: (732) 655-1798
WEBSITE: www.njseniortaxadvisors.com
CATEGORY: Seniors/Finance
TOPIC: Long-Term Care & Elderly Caregiving

SYNOPSIS:

Mr. Kuras works with retirees and people nearing retirement, specializing in helping clients pay a minimum of taxes, plan and protect their retirement, invest wisely, and pass money on to the next generation. Kuras is a frequent seminar speaker in the Monmouth and Ocean County area. He specializes in education and working with seniors to help them meet financial challenges.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 31

DATE: May 1st 2016

(Program missed on 5/1 due to tech difficulties – Made good on 5/30 at 11am)

Interview

GUEST: Deborah Spigner, *Active Member*

ORGNZTION: *Pancreatic Cancer Action Network*
1500 Rosecrans Avenue, Suite 200
Manhattan Beach, CA 90266

WEBSITE: www.pancan.org

CATEGORY: Healthcare

TOPIC: Pancreatic Cancer Awareness

SYNOPSIS:

Debbie Spigner, who lost her husband to Pancreatic Cancer, searched out and ultimately joined the team at the Pancreatic Cancer Action Network, a nationwide network of people dedicated to working together to advance research, support patients and create hope for those affected by pancreatic cancer. The organization raises money for direct private funding of research—and advocates for more aggressive federal research funding of medical breakthroughs in prevention, diagnosis and treatment of pancreatic cancer. They fill the void of information and options by giving patients and caregivers reliable, personalized information they need to make informed decisions. The organization helps support individuals and communities all across the country work together to raise awareness and funds to find a cure for pancreatic cancer.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 32

DATE: May 2nd 2016

(Program missed on 5/2 due to tech difficulties – Made good on 5/30 at 1130am)

Interview

GUEST: Patrick Clark, *Executive Director*

ORGNZTION: *All Children's Theatre*
1180 Route 46 West
Parsippany, NJ 07054

CATEGORY: Recreation

TOPIC: Children's Performing Arts

SYNOPSIS:

All Children's Theatre provides children from 4-5 and 6-17 with experiences in comedy, creative dramatics and musical theatre. Programs are supervised by state certified teachers with experience in children's theatre. Pat Clark explained that ACT's main objective is to provide children with the opportunity to become part of a cast to perform on stage at a public gathering. Through the years, he has personally seen how ACT builds children's self-esteem, self-confidence and their ability to work cooperatively with peers from neighboring communities. ACT operates year-round from its air-conditioned Parsippany Theatre, which seats 70. The facility is equipped with a stage, keyboard, curtain, and special effects lights – all the ingredients for a professional stage production.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 33

DATE: May 3rd 2016

(Program missed on 5/3 due to tech difficulties – Made good on 5/31 at 10am)

GUEST: Brenda Hendrickson, *Financial Advisor*

BOOK: *How To Be A Frugal Millionaire*

CATEGORY: Finance

TOPIC: Frugal habits to save time and money

SYNOPSIS:

Ms. Hendrickson spoke on a number of topics for establishing frugal habits, such as impulsive purchasing and how it not only depletes the wallet but often creates guilt when returning home from shopping spree. She discussed how to implement simple, yet powerful strategies anyone can practice: for example, prioritize and set realistic goals and know when to seek professional advice. She also kept in mind the next generation of frugal millionaires and why it's important not to keep money a family secret. Children will learn how to solve everyday issues from other family members.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

(Program missed on 5/4 due to tech difficulties – Made good on 6/1 at 10am)

Quarter Program # 34

DATE: May 4th 2016

GUEST: Steven Sirat, *Co-Founder*

ORGNZTION: CBRG - *College Benefits Research Group*
7 Becker Farm Road, Suite 102
Roseland, NJ 07068

CATEGORY: Education

TOPIC: Preparing your children for college

SYNOPSIS:

CBRG is a college planning organization with a unique model for working with families to find the right "fit" for their child and their family not only financially, but academically and socially as well. Every year in the month of April, college bound high school seniors begin receiving their financial aid awards, and May 1st is the deadline for students to accept these awards. CBRG works with families to help them increase the size of their awards, as well as works with people to determine if an appeal makes sense and how to actually proceed.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 35

DATE: May 5th 2016

GUEST: David Slater, *Co-Founder*

ORGNZTION: CBRG - *College Benefits Research Group*
7 Becker Farm Road, Suite 102
Roseland, NJ 07068

CATEGORY: Education

TOPIC: Preparing your children for college

SYNOPSIS:

In Part 2 of our interview with CBRG, Mr. Slater offered some tips as guidelines in the college planning process:

- Create a logical and concise message for appeal
- Be honest and objective during the whole process
- Some students receive aid from other schools; use that to your advantage
- Interested in independent awards? Ask for those instead

Slater also discussed how CBRG demonstrates how a private and/or public education is affordable and attainable and allows families to choose the right school, academically, socially and financially, for their child.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 36

DATE: May 6th 2016

GUEST: Janet Loren, *Guidance Counselor*

ORGNZTION: CBRG - *College Benefits Research Group*
7 Becker Farm Road, Suite 102
Roseland, NJ 07068

CATEGORY: Education

TOPIC: Choosing the right University

SYNOPSIS:

Janet Loren is a certified education planner who works with over 500 colleges and universities, guiding students through the college admissions process; something she says is very daunting if going through it alone. Loren spoke about the 'Common Application' and the upcoming submission date for both private and public universities. She wants students to become familiar with the process since many universities judge a student based on what is on that application. Loren stressed how she values the relationship with her students and is grateful to be a leader of those who will shape the future of our nation.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 37

DATE: May 7th 2016

GUEST: Marcella Sabo, *Psychotherapist*

ORGNZTION: *Individual, Marital, Family Therapy*
10 Vista Terrace
Livingston, NJ 07039

PHONE: (973) 717-0278

CATEGORY: Healthcare

TOPIC:

SYNOPSIS:

Sabo spoke about the current trends she sees working as a family therapist, particularly with adolescents who struggle with ADD, ADHD and various family issues. She specializes in working with adults who are struggling with grief, loss, bereavement and depression and gave our viewers helpful tips for coping during such difficult times. Sabo outlined the stages to expect when dealing with a loss of any kind; be it a loved one, a job, a divorce – she says the process is universal.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 38

DATE: May 8th 2016

GUEST: Susan P. Ascher, *President & CEO*

ORGNZTION: The Ascher Group
51 JFK Parkway First Floor West
Short Hills, NJ 07078

CATEGORY: Business

TOPIC: The importance of communication in a multigenerational workforce

SYNOPSIS:

As a career business coach, Ascher offered helpful tips to professionals that would allow them to differentiate themselves and attract more clients through better communication in order to stand out in business and in life. She focused on the evolving labor force which today includes five generations, ranging from the younger millennial to seniors, each of whom prefers a different way of communicating, i.e. telephone, email, text, etc. Ascher also spoke about her new book, which teaches the more aged segment of the workforce how to remain relevant in a multigenerational, technological workforce.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 39

DATE: May 9th 2016

GUEST: Tanya Helfand, Esq., *Attorney-at-law*

ORGNZTION: *Helfand & Associates*

575 Route 10 East

Whippany, NJ 07981

PHONE: (973) 428-0800

CATEGORY: Women

TOPIC: Overcoming Domestic Violence and Abuse

SYNOPSIS:

Helfand spoke in detail about the 5 signs of domestic violence, which she feels all women should become familiar with. Most victims of domestic violence don't understand the finer points of the law and aren't sure if it is classified as spousal abuse. She explained the difference between good attention and bad stalking, what it means to have a restraining order placed against you, and places that you can go for help. Unfortunately, many domestic violence disputes end in divorce and Helfand offered some tips for navigating this area of the law.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 40

DATE: May 10th 2016

Interview

GUEST: Thomas Reed, *Recovery Group Leader*

ORGNZTION: *Safe Harbor – 12 Step Christian Recovery Group*

CATEGORY: Religion

PHONE: (732) 872-0383

TOPIC: Recovering from abusive habits

SYNOPSIS:

Tom Reed is a former outlaw and alcoholic who now operates his own 12-step Christian recovery program for men and women who are struggling with the same issues he once faced. Reed is a religious man and fully credits his recovery to Jesus Christ and to the promises he reads of in his Bible. He outlined what to expect at his weekly meeting, making point of the fact that this is an anonymous group, all the while encouraging our viewers to join if called to it.

WMUN REPORTS

DAY: Wednesday

TIME: 3-30pm

Quarter Program # 41

DATE: May 11th 2016

Interview:

GUESTS: Bonnie Saunders, *Physical Therapist*

ORGNZTION: *Aristacare Health Services*

1311 Durham Avenue

South Plainfield, NJ 07080

PHONE: (732) 248-1231

WEBSITE: www.cedaroakscenter.com

CATEGORY: Healthcare

TOPIC: Services for Stroke Survivors

SYNOPSIS:

Some exciting new technology has been developed at a new facility in the NJ area for survivors of a stroke. Aristacare transforms the traditional "nursing home" into state-of-the-art inpatient facilities offering the latest in medical and rehabilitative technology. Now this provider is using incredibly innovative technology to help engage patients with the outside world. Ms. Saunders explained in detail some of these new technologies and how they are available in surroundings that are pleasant and comfortable.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 42

DATE: May 12th 2016

Interview

GUEST: Dr. Philippa Cheethan, Urologist

ORGNZTION: *77WABC – Katz Corner*

P.O. Box 11749

Memphis, TN 38111-0749

CATEGORY: Healthcare

TOPIC: Prostate Cancer Awareness

SYNOPSIS:

Dr. Cheetham, is a Board certified Urological Surgeon from the UK who is currently Clinical Fellow of Robotic Surgery and Prostate Cryosurgery at Columbia University Medical Center, New York. She has a strong subspecialty interest in female Urology and bladder conditions associated with neurological disorders, like multiple sclerosis and spinal cord injury. However, on the program, she informed our male audience of how to better detect signs of prostate cancer and some of the holistic preventive treatments that can be used before under going surgery. She stressed the idea of eating leafy, green vegetables and embracing more of an Eastern diet that is rich in fish, grains, vegetables, etc. and very little fried and processed foods.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 43

DATE: May 13th 2016

Interview

GUEST: Sal Puleio, Owner

ORGANIZATION: Rennsport Motor Works

83 Burlews Ct.

Hackensack, NJ 07601

PHONE: 201-489-5577

CATEGORY: Public Safety

TOPIC: Car Maintenance

SYNOPSIS:

Sal Puleio, proprietor of an import car service station, has been working with foreign made cars since he was a child and professionally repairing them since 1981. Rennsport, in German, means "Racing Sport", and in racing, precision and maintenance are critical. So Puleio prides himself on building a business that strives to achieve excellence in car maintenance. With this in mind, we asked Sal to speak about some of the major day-to-day mechanical issues that affect New Jersey drivers today. He stressed that, during the summer months, it is critical to keep fluid levels on the vehicle topped up at all times as to prevent overheating. With the growth of technology, Sal is finding that much of his business revolves around problems related to sensors and computers. He finds it difficult to keep up with evolving technology and is amazed at how cars have mechanically changed throughout his career.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 44

DATE: May 14th 2016

Interview:

GUEST: Dr. Stephen Apaliski, Board Certified in Allergy & Immunology

BOOK: *Beating Asthma: Seven Simple Principles*

WEBSITE: www.beatingasthma.com

CATEGORY: Youth

TOPIC: Preventing Asthma Among Younger Populations

SYNOPSIS:

Dr. Stephen Apaliski, a practicing physician for over 30 years, Board Certified in Pediatrics and in Allergy & Immunology and author of the book *Beating Asthma: Seven Simple Principles*, shared with us tips on avoiding these triggers and gaining control over asthma without hindering summer fun. Apaliski discussed the importance of putting together an asthma action plan and how taking the following steps will keep asthma in check:

- Identify summer triggers for asthma, both allergic and non-allergic
- Identify and research triggers localized to a particular area or region
- Develop a communicate relationship with an allergist to put together the best preventive plan
- Know what, how, and when to use medication in order to act quickly when problems occur
- Know what precautions to take when traveling with asthma

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 45

DATE: May 15th 2016

Interview

GUESTS: Barry Goldstein, *Former Domestic Violence Attorney*

BOOK: *Domestic Violence & Child Custody*

EMAIL: BarryG78@aol.com

CATEGORY: Women

TOPIC: Domestic Violence Cases

SYNOPSIS:

Barry Goldstein, attorney, teacher, author and advocate for women abused by their partner (and too often the courts) has written a book for women seeking to leave their abusers and for their friends, family, supporters and advocates. *Domestic Violence & Child Custody to Safety* tells the story of ten women as they left their abusers seeking a better life. The book shows in these abuse cases how courts handle legal issues such as orders of protection, custody, visitation, support, marital property and criminal prosecutions.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 46

DATE: May 16th 2016

Interview

GUESTS: Bob Pravidi, *Spokesperson*

ORNZTION: NY Mass Transit Authority

CATEGORY: Public Safety

TOPIC: NY/NJ Underwater Tunnel Project

SYNOPSIS: Pravidi joined us to speak about the new transit project proposed by many members of Congress, but namely New York Mayor Michael Bloomberg. The need to have an extra tunnel running under the Hudson River is essential to relieve the congestion that morning and afternoon commuters face every day. The problem during these economic times is just how much taxpayers are willing to pay for such a project. And with Bloomberg's proposal in mind to extend the 7 train out to Secaucus, NJ, Pravidi believes that we may have reached a fair agreement. Although, Pravidi proposes that the Transit Authority extend the tunnel to Hoboken, NJ rather than Secaucus. This would cost taxpayers far less while also shortening the distance between NYC and NJ. The project must be done and it will be soon- but now is the time when officials are sorting out the details.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 47

DATE: May 17th 2016

Interview

GUEST: Dr. Alanna Levine, *Pediatrician*

ORGNZTION: *Orangetown Pediatric Associates*

422 Western Highway

Tappan, NY 10983

PHONE: (845) 359-0010

CATEGORY: Youth

TOPIC: Caring for Children

SYNOPSIS: Alanna Levine MD,FAAP is a primary care physician caring for patients from birth through college. She has a strong media presence and appears regularly on networks such as Fox News Channel, CBS, NBC, and ABC News Now. She is a designated spokesperson for the American Academy of Pediatrics and works as an attending pediatrician at Englewood Hospital and Medical Center where she attends high-risk deliveries and cares for babies in the Neonatal Intensive Care Unit. When not on television or caring for her patients, Dr. Levine can be found in Nyack with her photographer husband, James, and their two children, Sophie and Charlie

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 48

DATE: May 18th 2016

Interview

GUEST: Magee Hickey, *News Reporter*

ORGNZTION: *WCBS-TV*

New York, NY

CATEGORY: Public Safety

TOPIC: News Reporting in the Big Apple

SYNOPSIS:

Magee Hickey is a veteran TV news reporter for WCBS – Ch. 2 in New York City. For years, Ms. Hickey has been covering stories in the tri-state area that affect millions of people each day. She is widely known for her empathetic tone and delivery while covering building fires and other tragic events. Magee explained what it's like to rise early in the morning and quickly prepare news story just minutes before having to report on the air. She credits her aspirations mainly to her mother and father who inspired her to become a gifted writer and performer.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 49

DATE: May 19th 2016

Interview

GUEST: Scott Sprouse, Author and Educator

BOOK: 30 Days of Better Critical Thinking

CATEGORY: Education

TOPIC: Toning Down Political Rhetoric

SYNOPSIS:

Just prior to national mid-term elections, Scott Sprouse, a Philosophy professor and marketing expert, calls for toning down political rhetoric. We all talk about the appalling, debased level of rhetoric used during elections, but Sprouse offers ways to distinguish between rational arguments and irrational appeals. That's one reason he wants to make "thinking skills" as accessible as possible with his latest book. He also tackles the issues of the individual vs., the corporations. He argues that the best way to strengthen the individual is by helping him fine-tune his thinking skills. Another theme is how American students spend thousands of dollars per year to attend elite liberal arts institutions. Sprouse challenges our audience to find out what exactly it is that they learn at these schools. He proposes that there are other ways, which provide a hunger to learn without the absurd prices.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 50

DATE: May 20th 2016

Interview:

GUEST: Adam Zucker, President, Board of Directors

Andrew Morrison, Volunteer Pilot

ORGANIZATION: Angel Flight East

1501 Narcissa Road

Blue Bell, PA 19422

PHONE: (201) 358-1900

CATEGORY: Healthcare

TOPIC: Free flights for seriously ill

SYNOPSIS:

Angel Flight East is an organization comprised of volunteer pilots, ground volunteers and a small staff dedicated to serving the community by facilitating free air transportation for seriously ill patients who need to get to treatment far from home. Pilots fly then to the medical facilities needed for their evaluation, diagnosis, and treatment of their medical conditions free of charge. Angel Flight East facilitates transportation in the Eastern region of the United States, and for destinations beyond their reach, they link with other volunteer pilot organizations. These men and women pay for all expenses for each flight request

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 51

DATE: May 21st 2016

Interview:

GUEST: Ruth Perimutter, *Executive Director*

ORGNZTION: *Jersey Animal Coalition*
298 Walton Ave.
South Orange, NJ 07079

PHONE: (973) 763-7322

CATEGORY: Public Safety

TOPIC: Pet Adoption

Synopsis: JAC is a not-for-profit, all-volunteer coalition organized in 1989, which provides homeless dogs and cats with medical attention, shelter, and boarding. Since it's founding, they have rescued over 6,500 stray and abandoned pets. Without JAC's intervention, these animals would most likely have been euthanized in pounds or left to die on the streets. The mission of the JAC is simply to preserve life> JAC holds an Adoption Day at regular intervals at the JAC shelter, in addition to various ongoing events.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 52

DATE: May 22nd 2016

Interview:

GUESTS: Chrissy Roberts, *Pediatric Occupational Therapist*

ORGNZTION: *Kid Notes*

CATEGORY: Education

TOPIC: Using Music to Encourage Learning

SYNOPSIS:

With a Master's Degree in Occupational Therapy, Roberts has over 7 years of experience working with children of all abilities in home, school and clinical settings. Her passion however, is as a guitarist a singer songwriter, recording and performing music for encouraging children to learn, move and grow. Her music has been designed for use at home and in schools as a tool to help parents and teachers better provide for their children's learning needs.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 53

DATE: May 23rd 2016

Interview:

GUEST: Althea Cices, Spokesperson

ORGNZTION: American Autoimmune Related Diseases Association

22100 Gratiot Ave.

East Detroit, MI 48021

PHONE: (586) 776-3900

WEBSITE: www.aarda.org

CATEGORY: Healthcare

TOPIC: Fighting Autoimmune Related Diseases

SYNOPSIS:

Ms. Cices, an autoimmune disease sufferer, joined us to speak about the worldwide prevalence of autoimmune diseases and how the American Autoimmune Related Diseases Association is dedicated to eradicate such diseases and alleviate the suffering of millions of Americans. AARDA is the only national nonprofit health agency dedicated to bringing a national focus to autoimmunity, the major cause of serious chronic diseases. Approximately 50 million Americans suffer from autoimmune diseases – the majority of them being women. The need to bring a national focus to autoimmunity as the common factor in all autoimmune diseases is vital in order to bring a collaborative effort to research, funding, early detection, and eventually, prevention and cure for all autoimmune diseases.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 54

DATE: May 24th 2016

Interview

GUEST: Melissa Companick, NJ President

ORGNZTION: Better Business Bureau

PHONE: (609) 588-0808

CATEGORY: Business

TOPIC: Protection from dishonest schemes

SYNOPSIS: The Better Business Bureau, an organization recognized by all, but not readily understood, strives to enforce an ethical marketplace where buyers and sellers can trust each other. As President of the BBB, Ms. Companick works to create a community of trustworthy businesses by encouraging and supporting best practices and denouncing substandard marketplace behavior. BBB ensures that high standards for trust are set and maintained. They exist so consumers and businesses alike have an unbiased source to guide them on matters of trust. Without this trust, consumers cannot rest assured that a product or service they invest in will deliver the performance they expected, and, as a result, will find corruption in the marketplace *as a whole*. All of the educational information and expert advice they provide is free of charge and easily

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 55

DATE: May 25th 2016

Interview

GUEST: Arlene Sullivan, *Executive Director*

ORGNZTION: *Changing Images Art Foundation*

PO Box 244

Towaco, New Jersey 07082

PHONE: (973) 402-0842

CATEGORY: Education

TOPIC: Interactive Art Activities

SYNOPSIS:

Changing Images Art Foundation transforms facilities from bleak to unique with professionally finished murals. Sullivan's first inspiration came when her youngest child was hospitalized at two weeks of age and she spent two months in the intensive care unit with him. A former art teacher, she was depressed that the only things that surrounded the patients in the unit were scary machinery, wires, tubing and beige, blank walls. Paintings are drawn directly on walls or wherever there is a blank, desolate space. The end results are beautiful, brightly colored paintings that are professionally finished. These works transform pediatric units and help lift spirits by creating a pattern of hope and determination to get well and once again enjoy the vibrant shades of life.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 56

DATE: May 26th 2016

Interview

GUEST: Crystal Jones, *Executive Director*

ORGNZTION: *Loving Heart Patient Advocacy, LLC*

East Orange, NJ

WEBSITE: www.lhpatientadvocacy.com

CATEGORY: Healthcare

TOPIC: Do I need a patient advocate?

SYNOPSIS:

Loving Heart Patient Advocacy, LLC believes patient-centered care is what every person needs and deserves. They are committed to work on the patient's behalf - not the insurance company, not the doctors, nurses and other health care providers. To ensure that each patient receives quality care, the mission is to assist patients and their families in navigating the increasing challenges of the healthcare system. LHPA facilitates the relationship between the doctor and the patient to be sure the patient is making his/her best decisions, and then adhering to them.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 57

DATE: May 27th 2016

Interview

GUEST: Dr. Gerald Bernstein, *Vice President*

ORGNZTION: *Generex Biotechnology*
33 Harbour Square, Suite 202
Toronto, Ontario, Canada M5J 2G2
PHONE: (416) 364-2551
CATEGORY: Healthcare
TOPIC: Diabetes

SYNOPSIS:

Dr. Gerald Bernstein, MD, former president of the American Diabetes Association and vice president for Generex Biotechnology, discussed ways to treat diabetes with an alternative to injectable insulin for those with Type1 and Type 2 diabetes. It is a drug delivery system that works similar to an asthmatic inhaler, but it is not inhaled insulin. Bernstein elaborated that diabetes is growing into a global pandemic, estimated to affect over 380 million people by 2025. He also discussed the importance of identifying new ways to manage diabetes, the various treatments that are currently available.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 58

DATE: May 28th 2016

Interview

GUEST: Ellen Finkelstein, *Audiologist*

ORGNZTION: *East Side Audiology*
162 East 78th Street
New York, NY 10075
PHONE: (212) 327-1155
CATEGORY: Healthcare
TOPIC: Noise Induced Hearing Loss

SYNOPSIS:

Dr. Finkelstein joined us to discuss a problem among people of all age ... noise induced hearing loss. This often occurs when individuals are exposed to noises that reach a sound level beyond what the human ear is designed to induce. Finkelstein explained how many younger individuals today listen to music with headphones at levels which often times will inflict pain on the listener's ears. Unfortunately, this trend of listening to music very loudly is becoming more and more acceptable in society today, but Finkelstein says that the consequences will begin to show in the next few years. Services at East Side Audiology range from prevention to rehabilitation, for all individuals with hearing concerns.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 59

DATE: May 29th 2016

Interview

GUESTS: Susan Gloor, *Director of VisionWalk*
Eddie Russnow, *Board Member*

ORGNZTION: *The Foundation Fighting Blindness*
225 West 34th Street, Suite 1708
New York, New York 10122

PHONE: (212) 244-1470

CATEGORY: Disability

TOPIC: Retinal Degenerative Diseases

SYNOPSIS:

The urgent mission of the Foundation Fighting Blindness, Inc. is to drive the research that will provide preventions, treatments and cures for people affected by Retinitis pigmentosa (RP), macular degeneration, Usher syndrome, and the entire spectrum of retinal degenerative diseases. The Foundation has funded thousands of research studies at hundreds of institutions worldwide. Currently, the Foundation funds 129 grants and 71 institutions. Since its inception, the Foundation has raised more than \$425 million. Retinitis pigmentosa and Usher syndrome are inherited diseases commonly diagnosed during childhood or young adulthood. RP causes severe vision loss leading to legal and/or complete blindness. The Foundation provides information and outreach programs for patients, families and professionals.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 60

DATE: May 30th 2016

Interview

GUESTS: Blair Bravo, *Executive Director*

ORGNZTION: *Habitat for Humanity of Morristown NJ*
274 South Salem St.
Suite 100
Randolph, NJ 07869

PHONE: 973-891-1934

WEBSITE: www.morrishabitat.org

CATEGORY: Charity

TOPIC: Building homes for the needy

SYNOPSIS:

Through volunteer labor, and donations of money and materials from local businesses, churches, individual donors and fundraising events, Morris Habitat for Humanity builds and rehabilitates houses for families in need. Bravos explained that volunteers are their most precious resource and that Habitat could not carry out their mission without them. Some of the ways people can support Morris Habitat for Humanity is through sponsorship, donation of money, land, construction supplies, etc., and ultimately, by contributing their time and money. Volunteers not only help a family in need, but they also enrich their own lives.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 61

DATE: May 31st 2016

Interview

**GUESTS: Christopher Wells, *Co-Founder*
Curtis Johnson, *Co-Founder***

ORGNZTION: *Hip Hop Health*

Philadelphia, PA

WEBSITE: www.humankinetics.com

CATEGORY: Youth / Education

TOPIC: Health education using popular music

SYNOPSIS:

Offering children sufficient physical activity time is a challenge for every parent and educator. But, Chris and Curtis of Hip Hop Health strive to provide children and young adults with physical activity and health concepts in ways that are fun and engaging. HHH's health raps offer ways to teach children about bones, muscles, nutrition, the cardiovascular system, and flexibility. Recent research indicates that physical activity not only benefits children's health but also improves their ability to concentrate and enhances learning.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 62

DATE: June 1st 2016

Interview

GUEST: Ian A. Post, *Portfolio Manager*

ORGNZTION: *Tortoise Investment Management*

222 Mamaroneck Ave., Suite 207A

White Plains, NY 10605

PHONE: (914) 686-0024

WEBSITE: www.tortoiseinvestment.com

CATEGORY: Business

TOPIC: Investment Management

SYNOPSIS:

Ian Post joined the program to give our listeners sound advice during troubled economic times, encouraging them to invest slow and steady. Prior to joining Tortoise, Ian Post founded Post Asset Management, an independent fee-only investment advisor specializing in passive investment strategies. He also has extensive experience in the financial services industry, including equity research positions at Citigroup and Bear Stearns. Post asserted that a financial adviser must be worthy of one's complete trust. With that in mind, Tortoise was structured to put the investors interests first in every aspect of the relationship through fee-only services.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 63

DATE: June 2nd 2016

Interview

GUEST: Ian Welham, *Founder*

ORGNZTION: *Complete College Planning Solutions*

500 Morris Ave, Suite 205

Springfield, NJ 07081

WEBSITE: www.completecollegeplanningsolutions.com

CATEGORY: Education / Finance

TOPIC: Paying for college

SYNOPSIS:

CCPS is an organization with the mission of helping American families achieve their education savings goals. They serve the education savings industry as the central hub for information and are an expert resource for its members and for representatives of state and federal government, institutions of higher education and other related organizations and associations. After getting saddled with \$100,000 in college costs in his daughters' first year of college, Ian went on a mission to find all the need and merit-based aid that none of the "experts" had told him about.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 64

DATE: June 3rd 2016

Interview

GUEST: Kathy Millar, *Radio Personality*

ORGNZTION: *WHUD Radio*

715 Route 52

Beacon, NY 12508

PHONE: (845) 838-6000

CATEGORY: Business

TOPIC: The State of the Radio Industry

SYNOPSIS:

Kathy Millar, a popular radio host and also a college professor, joined us to speak about the current state of the radio industry and in what direction she believes it is headed. Many people today are critical of the radio medium and how other forms of media -- namely television and the Internet, have seemingly overshadowed it. Also, younger generations with their iPods and other mp3 devices simply feel that there is no longer a need for the radio anymore. Their devices can play any song they wish when they want and without waiting to hear it on the radio. Needless to say, Millar believes that the radio industry is undergoing an evolution in which there is an opportunity for it to redefine itself in this age of technology. She has high hopes for radio and believes that the newer generations should feel free to embrace it.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 65

DATE: June 4th 2016

GUESTS: Michael Pacala, *District Governor*
Robert H. Moore, *International Director*

ORGNZTION: *The Lions Club of NJ*
54 Broad Street,
Suite L-102
Red Bank, NJ 07701

CATEGORY: Recreation

TOPIC: Social clubs helping communities

SYNOPSIS:

The Lions Club is a vast reaching community organization that is often misunderstood by the general public, but still manages to make a great impact across the globe. Lions sets out to be the leader in community and humanitarian service by empowering volunteers to get involved in meeting the needs of their neighbors along with promoting peace and international understanding. Lions consists of men and women who use their own money to promote and develop fundraisers for bettering their community at large. Pacala spoke mainly about his work locally in New Jersey and about a dinner they are hosting later this year. Mr. Moore spoke about the Lions on a global level and the work being done to reach the international community.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 66

DATE: June 5th 2016

Interview

GUEST: Lisa Lynn, *Celebrity Nutrition & Fitness Expert*

ORGNZTION: *LynFit Nutrition*

WEBSITE: www.lynfit.com

CATEGORY: Healthcare

TOPIC: Breaking your best excuses

SYNOPSIS:

We should all be doing it: exercising and eating right. But most people have a laundry list of reasons why they just can't commit. The benefits to exercise and eating those vegetables are undeniable. You're less likely to develop heart disease, diabetes and some cancers; not to mention you will sleep better, feel more energetic and confident. Lisa Lynn, personal trainer to Martha Stewart and frequent guest on the Dr. Oz show, has heard every excuse when it comes to exercise and eating right, but she also knows how to help people break those excuses. Lynn gave our audience some of the top excuses people give and ways to break them into healthy habits.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 67

DATE: June 6th 2016

Interview

GUEST: Addy Bonet, *Director – NJ Chapter*
Michael McGuire, *Chairman – Board of Directors*

ORGNZTION: *The March of Dimes*
1275 Mamaroneck Avenue
White Plains, NY 10605

WEBSITE: www.modimes.org

CATEGORY: Healthcare

TOPIC: Healthy Babies

SYNOPSIS:

March of Dimes is an American health charity whose mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. President Franklin Delano Roosevelt founded the MofD in 1938 as the National Foundation for Infantile Paralysis to defeat the epidemic disease polio, which Roosevelt had contracted at the age of 39. The March of Dimes current mission is helping mothers and families encourage the growth of healthy babies and eliminate the need for premature neonatal intensive care units. They utilize both local and global programs to help fund research and raise community awareness for preventing premature births.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 68

DATE: June 7th 2016

Interview

GUEST: Margaret Lambe Jurow, *Attorney*

ORGNZTION: *Legal Services of New Jersey*
100 Metroplex Dr., Suite 402
P.O. Box 1357
Edison, NJ 08818

WEBSITE: www.lsnj.org

CATEGORY: Government

TOPIC: Legal representation in a foreclosure

SYNOPSIS:

Legal Services of New Jersey has been designed to give full access to civil legal aid for all economically disadvantaged people who cannot secure a lawyer on their own. This need has become ever so great in light of the difficult economic times that we live in. Jurow came in to discuss how some of our listeners with low-incomes could take advantage of some of the services provided by LSNJ at no cost to them. She also gave an overview to those in our audience who are just now facing foreclosure and what are the steps necessary to overcome the enormous stress and financial burden.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 69

DATE: June 8th 2016

Interview

GUEST: Mark Pinhasovich, Obesity Prevention Advocate

ORGNZTION: *The Biggest Loser TV Series*

CATEGORY: Healthcare

TOPIC: Obesity Prevention

SYNOPSIS:

Mr. Pinhasovich is The Biggest Loser's season 10 at-home winner who dropped 213 pounds from being on the show and lost the largest percentage of weight (50.59 percent) of all contestants during that season. He says losing the weight was the easy part; however keeping it off in the "real world" has been a struggle. Mark can gave a very candid interview with his "former fat guy" tips on everything from exercise to nutrition that he has had to come up with in order to maintain his winning weight over the past year. The theme of Mark's season on The Biggest Loser was, "Pay it Forward" and he has been committed to that by striving to be a role model for others struggling with obesity. He showed us how he snacks without sacrificing taste with some of his favorite snack food creations.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 70

DATE: June 9th 2016

Interview

GUEST: Sue Collins, Co-Founder

ORGNZTION: *NJ Coalition for Vaccine Choice*

WEBSITE: www.njvaccinationchoice.org

CATEGORY: Education

TOPIC: Vaccination Choice

SYNOPSIS:

NJCVC was established in February 2008 to unify individuals and organizations, to voice the urgent need for parental informed consent to vaccinations. Additionally, NJCVC strongly opposes the states newest childhood vaccine mandates. New Jersey now mandates more vaccines than any other state in the country or around the world: 35 doses of 13 different vaccines. New Jersey also has the highest rates of autism: 1 in 60 boys; 1 in 94 children. Collins hopes to pass Bill A2450, which provides parents with a Conscientious Exemption to Mandatory Vaccinations, that twenty other states currently allow. NJCVC believes it is medically, ethically and scientifically irresponsible to mandate vaccination.

WMUN REPORTS

**DAY: Friday
TIME: 3-330pm**

Quarter Program # 71

DATE: June 10th 2016

Interview

GUESTS: Andrea Spencer-Linzie, *Executive Director*

**ORGNZTION: *NJ Coalition Against Sexual Assault*
2333 Whitehorse Mercerville Road
Suite J
Trenton, NJ 08619**

PHONE: (609) 631-4450

CATEGORY: Women

TOPIC: Sexual Assault Awareness

SYNOPSIS:

Ms. Linzie joined us to speak about the continued prevalence of sexual assault in New Jersey and why it is so important to educate the public on this issue. She wants people to know that help is available for all survivors, their loved ones and significant others and that all of us have a role in working toward the elimination of sexual violence in our communities. The mission of the New Jersey Coalition Against Sexual Assault is to promote the compassionate and just treatment of survivors, their loved ones and significant others, foster collaborative relationships between community systems, and affect attitudinal and behavioral changes in society as we work toward the elimination of sexual violence against all people.

WMUN REPORTS

**DAY: Saturday
TIME: 2-20pm**

Quarter Program # 72

DATE: June 11th 2016

Interview

GUEST: Dick Sanford, *Founder*

**ORGNZTION: *Operation Warm*
1653 Brintons Bridge Road
Chadds Ford, PA 19317**

CATEGORY: Charity

TOPIC: Providing NEW coats to needy children this winter

SYNOPSIS:

Operation Warm empowers communities by donating NEW winter coats to children in need, nationwide. Since its inception in 1998, Operation Warm has provided the gift of warmth to more than 775,000 children. Partnerships are at the center of Operation Warm's philosophy. Collaborating with like-minded organizations and people allows them to expand their reach and broaden their mission – putting new winter coats on children in need. And to provide a better quality product and service, Operation Warm uses coat manufacturers here in the United States rather than outsourcing to other countries where the cost per coat is significantly less than in the USA.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 73

DATE: June 12th 2016

Interview

GUEST: Kathy Roe, *Executive Director*
Regina Williams, *Events Coordinator*

ORGNZTION: *Parents Anonymous*
127 Route 206, Suite 10
Hamilton, NJ 08610

PHONE: (609) 585-7666

CATEGORY: Public Safety

TOPIC: Support groups for parents

SYNOPSIS:

As the nation's premier child abuse prevention organization, Parents Anonymous is a community of parents, organizations and volunteers committed to strengthening families and building stronger communities. Parents Anonymous was founded in 1969 through the extraordinary efforts of a single mother who sought help to create a safe and caring home for her family. Working in partnership with her social worker, they launched a unique solution for parents who wanted to strengthen their families. Today Parents Anonymous leads an international Network of 267 accredited organizations and local affiliates that implement programs for adults and children.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 74

DATE: June 13th 2016

Interview

GUEST: Sherri Betz, *Bone Health Expert*

ORGNZTION: *American Bone Health*
1814 Franklin Street, Suite 620
Oakland, CA 94612

PHONE: (888) 266-3015

CATEGORY: Women

TOPIC: Osteoporosis Prevention

SYNOPSIS:

Sherri Betz joined us to tell our listeners and viewers about a free bone screening in the local area, which can be a great assist for someone who may think they have a bone disease such as osteoporosis. She also demonstrated many exercises to increase the quality of life for both male and female sufferers. Betz has teamed up with American Bone Health, a non-profit organization that provides education, resources, and tools to help victims understand bone disease and bone health. In addition to education and tools, they also provide opportunities for people to get involved to spread the word about bone health and osteoporosis prevention.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 75

DATE: June 14th 2016

Interview

GUEST: Diane Polledri, *Speech Pathologist*

ORGNZTION: *The Stuttering Foundation of America*

P.O. Box 11749

Memphis, TN 38111-0749

PHONE: (800) 992-9392

CATEGORY: Disability

TOPIC: Speech pathology - Stuttering

SYNOPSIS:

The Stuttering Foundation provides free online resources, services and support to those who stutter and their families, as well as support for research into the causes of stuttering. This often-misunderstood disability affects over three million Americans. And despite decades of research, both basic and clinical, the causes are still largely unknown. This foundation is the first and the largest nonprofit charitable organization in the world working toward the prevention and improved treatment of stuttering, reaching over a million people annually.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 76

DATE: June 15th 2016

Interview

GUEST: David Foreman, *Naturopathic Doctor*

BOOK: *The Four Pillars of Health*

CATEGORY: Healthcare

TOPIC: Alternative Treatments for Heart Disease

SYNOPSIS:

The increase use of pharmaceutical statin drugs for lowering cholesterol is likely to escalate considerably in 2011. Right now, more than 20 million people in the United States take statins. David Foreman, is a retired registered pharmacist and Christian who explained that statins are doing more harm than good by significantly deplete the body's natural production of CoQ10, which in turn dramatically increases risk of heart attacks. Foreman detailed four critical things to prevent high cholesterol and heart disease without becoming dependent on statins (four key things are: proper nutrition, supplementation, exercise and prayer).

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 77

DATE: June 16th 2016

Interview:

GUEST: David Fein, *Principal Percussionist*

ORGNZTION: *NJ Symphony Orchestra*

Newark, NJ

PHONE: (973) 624-3713

CATEGORY: Recreation

TOPIC: Symphonic and orchestral music

SYNOPSIS:

The New Jersey Symphony Orchestra is comprised of some of the country's finest musicians. David Fein serves as the principal percussionist, specializing in such instruments as the timpani, xylophone, and tambourine. Artistic excellence, innovative programming and community engagement are hallmarks of the NJSO's mission. To best serve the people of New Jersey, the Orchestra brings its programs to seven different venues throughout the state. Education and outreach programs enrich the listening experience for children and adults alike. The New Jersey Symphony Orchestra Broadcast Series, presented in part by the Merck Company Foundation, airs regionally and on the Internet by 96.3FM WQXR (New York) and is a syndicated program carried throughout North America.

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 78

DATE: June 17th 2016

Interview

GUEST: Bernie Wagenblast, *Editor*

ORNZTION: *Transportation Communications Newsletter*

WEBSITE: www.BwCommunications.net

CATEGORY: Public Safety

TOPIC: Traffic Technology

SYNOPSIS:

Bernie Wagenblast, a veteran traffic reporter with Metro Traffic, joined us to speak about his latest newsletter, which he is the editor of. Through the past several decades, Bernie has had an intimate relationship with the traffic industry and provides a unique perspective to the latest goings-on in the world of transportation. The newsletter is free and s available to anyone who is interested in learning more about the inner-workings of the mass transit system here in the NY metro area, and across the country.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 79

DATE: June 18th 2016

Interview

GUEST: Dr. Adam Schaffner, *Plastic Surgeon*

ORGNZTION: *Weill Cornell Medical College*

CATEGORY: Healthcare

TOPIC: The Growth of Unqualified Plastic Surgeons

SYNOPSIS:

A recent article discusses a particularly unsettling trend; how patients are receiving surgeries like tummy tucks and liposuction from ophthalmologists, oral surgeons, gynecologists and even family practice physicians. New “horror” stories like this are surfacing every day across the country in what is turning into a modern day “witch hunt,” targeting unqualified and inexperienced cosmetic surgeons guilty of butchering their patients all in an effort to boost their businesses. With declining insurance reimbursements, more and more doctors are expanding their specialties to include the lucrative business of cosmetic procedures; regardless if they are board certified by the American Board of Plastic Surgery. The results, to say the least, have been less than stellar and in most cases, quite horrific. Dr. Schaffner along with many of New York’s top physicians are deeply concerned about these stories and are doing their best to educate the public at large.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 80

DATE: June 19th 2016

Interview

GUEST: Tim Arnold, *Computer Developer*

ORGNZTION: *Vertical Integrated Applications*

P.O. Box 142

Whitestown, IN 46075

PHONE: 800.735.7975

CATEGORY: Education

TOPIC: How to purchase a reliable computer

SYNOPSIS:

Tim Arnold, a systems analyst for a computer company that provides support for the Indiana Police Department, spoke with us about the trials and tribulations that many face when purchasing a new computer. In this day and age, there are mainly available options, other than driving to a local retail computer store and picking up a new PC. Shopping for a computer may not be for everybody, but it offers low prices and gives the shopper ample time to research the product before making the final purchase. Arnold also spoke about the different operating systems available today. Most users are familiar with Windows based computers, but there is also Open Source software that is free and available to all.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 81

DATE: June 20th 2016

Interview

GUEST: Thor Harris, *President & CEO*

ORNZTION: *Percepture*
1501 Broadway, 12th Floor,
New York, NY 10036

WEBSITE: www.percepture.com

CATEGORY: Business

TOPIC: Growing your small business

SYNOPSIS:

Percepture is a public relations and marketing firm, which specializes in the development of sales-focused communications campaigns for business-to-business and consumer organizations. Thor discussed five steps that a small business should take right now. They include: 1) Expanding your sphere of influence -- Networking is key. 2) Cut the fat out of your current budget. 3) Tap in to your attorneys, accountants for business referrals: Remind your contacts that you will give them a % of any new business they throw your way. 4) Use social media tools. 5) Running your own business is hard: Take one full day off a week and turn everything off. Recharging your batteries is a MUST.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 72

DATE: June 21st 2016

Interview

GUEST: Robert Gebbia, *Executive Director*

ORGNZTION: *American Foundation for Suicide Prevention*
120 Wall Street, 29th Floor
New York, NY 10005

PHONE: (888) 333-AFSP

CATEGORY: Public Safety

TOPIC: Suicide Prevention

SYNOPSIS:

The American Foundation for Suicide Prevention has been at the forefront of a wide range of suicide prevention initiatives -- each designed to reduce loss of life from suicide. Suicide attempts are estimated to occur every minute of every day in the United States and over 36,000 lives lost each year, so the importance of AFSP's mission has never been greater. And their mission is clear: raise funds toward scientific research, offer educational programs to professionals, create awareness with the public, and provide programs for survivors of suicide.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 83

DATE: June 22nd 2016

Interview

GUEST: Dr. Jonathan Spages, *Endocrinologist*

ORGNZTION: *Integrated Health Center of NJ*

234 Route 20

Paterson NJ 07504

PHONE: (973) 523-5252

WEBSITE: www.njfunctionalmedicine.com

CATEGORY: Healthcare

TOPIC: The Dangers of Hypo-Thyroidism

SYNOPSIS:

Dr. Jonathan Spages has been a frequent guest on this program and recently, he has developed a new approach to combat hyper-thyroidism. He established his Functional Medicine office to root out the physiological, bio-chemical, and hormonal imbalances associated with type II diabetes and hypo-thyroidism, as well as many other chronic illnesses. He claims to have broken free from the limiting approach of a standard of care that provides drugs and hormones as a first defense for these diseases. Spages' approach is all in an effort to reverse the disabling affects of diabetes and to allow people to live a normal life again.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 84

DATE: June 23rd 2016

GUEST: William Weightman, *Board Member*

ORNZTION: *Sussex One-Stop Job Fair*

PHONE: (908) 454-7000

WEBSITE: www.norwescap.org

CATEGORY: Business

TOPIC: Finding new employment

SYNOPSIS: Sussex One-Stop Career Fair is a program that Mr. Weightman organizes each year to help the residents of Sussex County, NJ, and other surrounding communities, find work for low-income individuals and families. This mainly consists of a job fair that is held each year in October where numerous employers come together in one location looking for prospective new-hires. One-Stop is a federally funded program in participation with the NJ Department of Labor. Weightman also detailed a new parenting project for individuals on welfare called TIP, a Summer Feeding Program that provided meals to low income children during the summer, Homelessness Prevention Program that helped families avoid homelessness, and another displaced homemaker program serving Hunterdon, Somerset and Mercer County called Career and Life Planning Center

WMUN REPORTS

DAY: Friday

TIME: 3-330pm

Quarter Program # 85

DATE: June 24th 2016

Interview

GUEST: Benjamin Natelson, M.D., *Pain & Fatigue Doctor*

ORGNZTION: *Beth Israel Medical Center*

10 Union Square East

New York, NY 10003

BOOK: *Your Symptoms are Real*

WEBSITE: www.painandfatigue.com

CATEGORY: Healthcare

TOPIC: Chronic Fatigue Illnesses

SYNOPSIS:

Dr. Natelson operates out of The Pain & Fatigue Study Center at Beth Israel Medical Center, which provides an integrated approach to patient care and scientific research. The Center's integrated approach to clinical care and research is based on providing comprehensive treatment to those who experience medically unexplained pain and fatigue and continuing to do clinical research supported by the National Institutes of Health and by the pharmaceutical industry. Dr. Natelson attended the University of Pennsylvania in Philadelphia for both his undergraduate and medical degrees.

WMUN REPORTS

DAY: Saturday

TIME: 2-230pm

Quarter Program # 86

DATE: June 25th 2016

Interview:

GUEST: Henry Stryder, *Executive Director*

ORGNZTION: *American Cancer Fund*

P.O. Box 7262

Hillsborough, NJ 08844

PHONE: (908) 431-9800

CATEGORY: Healthcare

TOPIC: Educating Cancer Victims

SYNOPSIS:

American Cancer Fund is an organization dedicated to the education, support and empowerment of those diagnosed with Cancer by organizing and clarifying information. ACF is designed to provide free clear, independent information and research to enable patients and their families to make smarter choices for Cancer treatment with an emphasis on dignity, functionality and cure. Cancer education is among the most important facets of surviving cancer. An individual who has been given a diagnosis of cancer and provided with information such as stage and possible treatment options desperately needs additional facts in order to make an educated, empowered decision.

WMUN REPORTS

DAY: Sunday

TIME: 2-230pm

Quarter Program # 87

DATE: June 26th 2016

Interview

GUEST: Tracy Davis, *Author*

BOOK: *Seeing Beyond The View*

WEBSITE: www.jesusbookandgift.com

CATEGORY: Religion

TOPIC: Finding Healing Through Christ

SYNOPSIS:

Ms. Davis felt a great desire to write a book that would uplift your faith and make you evaluate your life. There are thousands of books today that aim to encourage and inspire, but many of them are founded on Biblical principles. Davis tells the story of her divine experience with detail and even humor. She has a combination of biblical verses and scriptures, which can be applied to everyday situations. And, she sends a message to all generations that God has a plan for all of us.

WMUN REPORTS

DAY: Monday

TIME: 3-330pm

Quarter Program # 88

DATE: June 27th 2016

Interview

GUEST: Thomas Altieri, *Mortgage Consultant*

ORGANIZATION: *New Jersey Mortgage Services*

30 Main Street

Toms River, NJ 08753

WEBSITE: www.NewJerseyMortgageGuy.com

CATEGORY: Finance

TOPIC: Mortgage Consulting

SYNOPSIS:

Mr. Altieri joined us again to speak about the condition of the home equity market and the value of obtaining a mortgage most suitable to one's financial and social status. Altieri, a former Re-Max agent, now privately consults with clients, providing them with the necessary details and latest figures to either obtain a mortgage, re-finance a home, or cash out the equity of the home through a reverse mortgage. Younger adults, beginning a new career, find it especially difficult to mortgage a home considering the current rates of the housing market. Altieri gave many fundamental principles from establishing credit, to developing a long-term budget.

WMUN REPORTS

DAY: Tuesday

TIME: 3-330pm

Quarter Program # 89

DATE: June 28th 2016

Interview

GUEST: Jim Reed, *Executive Director*
Sharon Santoni, *Regional Director*

ORNZTION: *Seniors Helping Seniors*
PO Box 638
Flagtown, NJ 08821

PHONE: (908) 336-8634

WEBSITE: www.seniorshelpingseniors.com/SomersetCounty/

CATEGORY: Seniors

TOPIC: In-home services for seniors

SYNOPSIS:

Seniors Helping Seniors was designed to help seniors live more independently. Mr. Reed discussed how that through these in home services, they offer compassionate non-medical services for seniors by seniors. All of their providers and home health aids work under the direction of an RN to provide the best care. Some care services that they offer are companionship, transportation, medication reminders, and meal preparation. Through this unique peer-to-peer approach both the provider and the receiver build a strong relationship. And, both receive rewards. The provider stays active supporting the needs of the people they serve while receiving payment and fulfilling a need to give back to the community. The receiver is encouraged to stay as active as possible with their own care while in their home.

WMUN REPORTS

DAY: Wednesday

TIME: 3-330pm

Quarter Program # 90

DATE: June 29th 2016

Interview:

GUEST: Beverly Lynn, *CEO*

ORGNZTION: *Programs for Parents, Inc.*
33 Washington Street, Sixth Floor
Newark, NJ 07102

PHONE: (973) 297-1114

WEBSITE: www.programsforparents.org

CATEGORY: Youth / Education

TOPIC: Summer Camp Enrollment

SYNOPSIS:

From its first days in 1984, the mission of Programs for Parents has been to serve and strengthen families and children. Their work has expanded to meet the growing need for skilled and nurturing care for our children. Lynn commented that people sometimes ask why her company is called Programs for Parents instead of Programs for Children. Her answer is that in this uncertain world we know one thing for sure: only by strengthening families can children get the best start in life. PFP uses all their professional skills, research capability, and creativity to bring an every-growing range of services to the community—services to help parents, Family Child Care Providers, and Child Care Centers balance the complex needs of today's families and children.

WMUN REPORTS

DAY: Thursday

TIME: 3-330pm

Quarter Program # 91

DATE: June 30th 2016

Interview

GUEST: Kenneth Porrino, *Bass Drum Sergeant*

ORGNZTION: *Police Pipes and Drums of Bergen County*

P.O. Box #6

Hillsdale, NJ 07642

WEBSITE: <http://www.policepipesanddrumsofbergencounty.com/>

CATEGORY: Military

TOPIC: Pipe and Drum Bands in NJ

SYNOPSIS:

Detective Kenny Porrino of the Fort Lee Police Department is a part of a Pipe and Drum band, which is an ensemble of pipers and snare/bass drummers, playing traditional Scottish tunes. Generally speaking, in conventional pipe band music, each section of instruments has a different role in the music. The pipers deliver the melodic and harmonic material, while the side drummers provide a rhythmically accompaniment part. The music is often considered very moving and often used at events remembering heroes or survivors of major events or tragedies.